



"Grow in Grace"

St. Peter's Lutheran Primary School Newsletter

NO. 28

17th September 2009

DATES OF INTEREST...

SEPTEMBER

Thur 17th Term 3 ends
School Concert 7:30pm
Fri 18th Curriculum Day

OCTOBER

Sat 3rd Working Bee
Sun 4th Daylight Savings starts
Mon 5th Term 4 starts
Tues 6th Aladdin-Arts performance 1:30pm
School Council 7:30pm
Thurs 9th Learning with Purpose
Thu 15th Nhill Show Day
Sat 17th Dimboola Show Day
Sun 18th Jeparit Show Day
Mon 19th Yr 3-6 to GWM Horsham 10:30am
Fri 30th -3rd Nov Dimboola – 150yrs

NOVEMBER

Tues 3rd School Council 7:30pm
Thur 5th Kids Conference-Longerenong
Tue 10th P & F meeting 7:30pm
Wed 11th Remembrance Day
Fri 27th Report Writing Day

PRAYERS

This week we pray for all students as they unwind over the holidays.

CHURCH SERVICES – Sunday 20th

9am Katjil 11am Dimboola

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School No. 1577

A NEW JOURNEY WITH JESUS

Throughout my life I have always been thankful to my mother and father for telling me about Jesus and his love for me. Each week the 11 children piled in our car, (no seat belts in those days) and headed for church. We also had nightly devotions as a family.

I was privileged to attend Concordia College, with my parents' expectations for me to be a Lutheran Minister. I was 15 and at college when my mother died and many family ties were cut. Throughout my teenage years I always had peace and a contentment in the Chapel.

Throughout the highs and lows of life I always have clung to the hope that Jesus cares for, loves and died for me. I often have shared this with the students I teach.

As I prepare to go on a new adventure to Living Waters College, Mandurah I know I will miss the students, staff and parents of St. Peter's, but I will still cling to the forgiving love of Jesus and that he will guide me on life's journey.

I would pray that you also would look to Jesus as you venture on your journey too.

Mr. Leon Kroehn

CONCERT

All students are to arrive at the middle-room by no later than 7:00pm please on Thursday 17th September.

Prep-2 students need to come dressed in casual clothes. **Year 3-6 students are to be dressed in their clothes for the 'Class Song'.**

We request that all parents please bring a plate of supper to share on Thursday evening for our concert which commences at 7:30pm. We will also be having a raffle on the night. Proceeds are used to cover costs of Art Materials used for the concert.

THANK YOU

Liam Davis and family would like to give Daniel Kerber a BIG Thank you for the wonderful support he gave Liam after falling on the bus.

PRINCIPAL'S AWARDS

This week's awards go to Matthew Miller for always persisting to complete tasks and also to Emily Polack for being extremely helpful in the classroom.

HAPPY BIRTHDAY

17th September Isabella (7)

WORKING BEE

There is to be a working bee on Saturday 3rd October commencing at 9am. It is the job of the Group Leaders: David Lutze, Simon King, John Polack and Darren Smith to organise their groups. Many hands make like work.

JUNGLE BOOK – A MUSICAL TALE

The Jungle Book – A Musical Tale, which is being staged at Wesley Performing Arts Centre, Horsham 19th September at 11am and 2pm. This play, based on Rudyard Kipling's book is a bright, colourful and entertaining experience for the whole family, and particularly the 4-12 year age group.

Bookings can be made online www.wesleypac.com.au or at Chisholm Hi Fi ph 53824343.

LEARNING WITH PURPOSE

On Friday 9th October, teachers will be attending an in-service at Holy Trinity Lutheran on Learning with Purpose, a curriculum and reporting programme (students' progress) which St. Peter's will implement in 2010.

CONSIDERATION FOR THE WEEK

It's never too late...

To start each day afresh

Every dawn brings unlimited possibilities,
challenges,
hope.

Don't be shackled by yesterday.

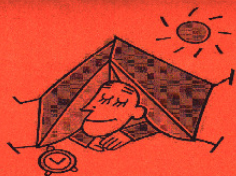
Look ahead –
with optimism.

Create your future afresh.



**THE
ASTHMA
FOUNDATION**
Victoria

HORSHAM BRANCH
2009 WIMMERA ASTHMA CAMP
For 6 - 12 year olds (Primary School Age)



30 October - 1 November 2009
TANDARA LUTHERAN CAMP HALLS GAP

The camp is by conducted Doctors, Nurses & Support Staff. It aims to be educational, lots of fun including craft, bushwalking, swimming & more.

SUE on 53820663 (AH) / 0419 947 048

OR

DAVID: 0427 500 934

BANANA FACTS

Bananas Contain three natural sugars - sucrose, *fructose* and *glucose* combined with fibre, a banana gives an instant, sustained and substantial boost of energy. Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout.

- **Nerves:**
Bananas are high in B vitamins that help calm the nervous system.
- **Temperature control:**
Many other cultures see bananas as a 'cooling' fruit that can lower both the physical and emotional temperature of expectant mothers. In Thailand, for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.
- **Smoking:**
Bananas can also help people trying to give up smoking. The B6 and B12 they contain, as well as the potassium and magnesium found in them, help the body recover from the effects of nicotine withdrawal.
- **Strokes:**
According to research in 'The New England Journal of Medicine,' eating bananas as part of a regular diet can cut the risk of death from strokes by as much as 40%!

So, a banana really is a natural remedy for many ills.

When you compare it to an apple, it has four times the protein, twice the carbohydrates, three times the phosphorus, five times the vitamin A and iron, and twice the other vitamins and minerals. It is also rich in potassium and is one of the best value foods around.

So maybe it's time to change that well-known phrase so that we say, 'A banana a day keeps the doctor away!'